

PROMOTIONAL FEATURE

Therapy center believes in whole body health

NEWINGTON

By ERICA DRZEWIECKI
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What sets Taylor Therapy Center apart from other industry professionals?

First off, a resident office cat and a visiting dog delight patients and staff on a regular basis.

More importantly, clinicians and therapists operate on the principle of whole body health.

Located at 9 Elmwood Ct. in Newington, Taylor Therapy Center offers a variety of services including physical therapy, massage therapy, psychotherapy and counseling. The facility's medically supervised gym currently remains closed due to the pandemic, but staff is hoping to reopen later on this year.

About one-quarter of patients visit Taylor Therapy Center for multiple modalities due to the professional and individualized service provided.

"We find that some will utilize the different services as the need arises," said Dr. Joan-Alice Taylor, the founder.

For example, someone might just hear about Taylor Therapy's February special on one-hour massages for \$45 each and schedule one for themselves

and another for a friend. Then a few months later after injuring a knee, they might just return for physical therapy. Similarly, an individual whose initial visit to the facility is for physical therapy might just avail themselves of psychotherapy or counseling services if they are having a tough time managing relationship problems or their grief after the loss of a loved one.

"When people feel comfortable in the environment, they are more likely to come back for other services as they need them," Taylor said.

She takes pride in the personalized attention provided to patients by her team.

"We offer 45- to 60-minute physical therapy treatment sessions that are one-on-one between therapist and patient, and most of our physical therapy is manual therapy," Taylor said. "We also incorporate various treatment modalities of electrical stimulation, whirlpool, or ultrasound as needed."

Taylor was recently named a senior disability analyst and diplomate by the American Board of Disability Analysts. She was also a recent recipient of the Albert Nelson Marquis Lifetime Achievement Award.

Over the first 11 months of the pandemic, Taylor Therapy Center



Staff photo
Staff members of Taylor Therapy Center in Newington, seated, from left, Sue Baillargeon, Lucy Marchigiano, Joan-Alice Taylor and Andrea Callahan. Standing, from left, Mariah Tuthill, Erin Lindsay, Amy Carlson, Randy Miles, Daniel Vala and Stephen Bailen.

has seen an increase in injuries stemming from home repair projects due to stay-at-home orders and quarantining.

"We have not yet seen patients who are recovering from covid and need to be rehabilitated,"

Taylor said.

Patient care has not changed, but the waiting room does appear a little different these days.

"We have chairs six feet apart and do not have multiple patients

in the waiting room at the same time," Taylor said.

For questions and more information, call 860-953-1204 or visit: www.taylortherapy.com

Taylor Therapy Center
9 Elmwood Court
Newington CT 06111
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- Massage Therapy •
- Psychotherapy/Counseling •
- Medically Oriented Gym •

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